

37.Flößgrabenlauf 14. Mountainbike 12. Nordic Walking Event
Gräfenroda Turnhalle Wolfstal
10. 09. 2016

OFFIZIELLE ERGEBNISLISTE

Technische Daten
Streckenlängen: 21,5 km
11,7 km 2,0 km 1,0 km 0,4 km
Wetter sonnig
Temperatur Luft: 24 °C

Hauptlauf 11,7 km 21,5 km

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|--|------|--------------------|----|-----|-------------------------------|-----------|-----------|
| <u>MJB männliche Jugend B, 11.7 km</u> | | | | | | | |
| 1 | 41 | BLASCHCZOK Sandro | 00 | | SG Jugendkraft e.V. Crawinkel | 1:08:01.8 | |
| <u>WJB weibliche Jugend B, 21.5 km</u> | | | | | | | |
| 1 | 95 | GÜNTHER Emely | 00 | | Friedrichroda | 2:24:15.1 | |
| <u>WJB weibliche Jugend B, 11.7 km</u> | | | | | | | |
| 1 | 12 | ZINK Jeniffer | 00 | | SV 90 Gräfenroda | 1:27:57.8 | |
| <u>MJA männliche Jugend A, 11.7 km</u> | | | | | | | |
| 1 | 140 | HOYER Maximilian | 97 | | Bad Langensalza | 52:21.4 | |
| <u>WJA weibliche Jugend A, 11.7 km</u> | | | | | | | |
| 1 | 163 | MÜLLER Anna | 98 | | SV Grün-Weiß-Pirna | 1:10:23.5 | |
| <u>MHK Männer 20 - 29, 21.5 km</u> | | | | | | | |
| 1 | 51 | MEISEL Fabian | 90 | | TU Ilmenau Runners | 1:33:53.7 | |
| 2 | 92 | BEIE Timo | 93 | | SV-Kyffhäuser | 1:49:17.9 | 15:24.2 |
| 3 | 134 | HEINZ Felix | 89 | | Ilmenau | 1:56:36.0 | 22:42.3 |
| 4 | 117 | VOßHAGE Ron | 90 | | Suhl | 2:04:14.0 | 30:20.3 |
| 5 | 28 | KRÄMER Sascha | 88 | | Ilmenau | 2:17:38.4 | 43:44.7 |
| <u>MHK Männer 20 - 29, 11.7 km</u> | | | | | | | |
| 1 | 139 | SEMENOV Ivan | 91 | | SV TU Ilmenau | 55:23.4 | |
| 2 | 102 | KLEIN Stefan | 89 | | Bad Salzungen Sole Runners | 55:51.3 | 27.9 |
| 3 | 162 | SCHMALENBACH Milan | 93 | | Team Nutrixxion | 1:00:31.7 | 5:08.3 |
| 4 | 26 | JENTSCH Carsten | 91 | | Bad Salzungen | 1:14:43.0 | 19:19.6 |

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|---|------|------------------|----|-----|---------------------------------|-----------|-----------|
| <u>WHK Frauen 20 - 29, 11.7 km</u> | | | | | | | |
| 1 | 34 | VOIGTMANN Katja | 91 | | Ichtershausen | 1:01:10.0 | |
| 2 | 142 | DUBIAGO Maria | 90 | | TU Ilmenau | 1:14:03.2 | 12:53.2 |
| 3 | 9 | SCHRAMM Therese | 88 | | Langewiesen | 1:17:41.0 | 16:31.0 |
| <u>M30 Senioren 30 - 34, 21.5 km</u> | | | | | | | |
| 1 | 50 | GARZ Christian | 83 | | N3 Sportverein e.V. | 1:49:39.0 | |
| 2 | 156 | TRAUTVETTER Toni | 84 | | Hohe Warte Trailrunning | 2:13:11.5 | 23:32.5 |
| 3 | 35 | LIPS Markus | 82 | | Geraberg | 2:27:37.4 | 37:58.4 |
| <u>M30 Senioren 30 - 34, 11.7 km</u> | | | | | | | |
| 1 | 144 | JUST Thomas | 84 | | LATV Plauen | 53:51.8 | |
| 2 | 136 | ECK Mathias | 83 | | Schmalkalden | 54:18.5 | 26.7 |
| 3 | 24 | FRIEDEMANN Nico | 86 | | Erfurt | 54:55.0 | 1:03.2 |
| 4 | 138 | HELLER Maik | 83 | | Schmalkalden | 56:44.6 | 2:52.8 |
| 5 | 137 | SIMON Holger | 84 | | Schmalkalden | 1:10:23.5 | 16:31.7 |
| 6 | 104 | DORNHEIM Yves | 85 | | SV 90 Gräfenroda | 1:20:46.1 | 26:54.3 |
| <u>W30 Seniorinnen 30 - 34, 11.7 km</u> | | | | | | | |
| 1 | 39 | KRUHME Nicole | 85 | | Rennsteiglaufverein LG Süd | 52:04.6 | |
| <u>M35 Senioren 35 - 39, 21.5 km</u> | | | | | | | |
| 1 | 36 | KRAUZE Dominik | 78 | | Geraberg | 2:10:51.7 | |
| <u>M35 Senioren 35 - 39, 11.7 km</u> | | | | | | | |
| 1 | 112 | MICHAEL Müller | 81 | | Guths-Muths-Rennsteiglaufverein | 48:45.0 | |
| 2 | 171 | RÖDER Stefan | 79 | | Arnstadt/ RSV Adler | 58:01.1 | 9:16.1 |
| 3 | 152 | KLÖTZER Marco | 81 | | FSV Gräfenroda Fußball | 1:00:14.0 | 11:29.0 |
| 4 | 48 | GREINER Mario | 80 | | N3 Sportverein e.V. | 1:01:52.4 | 13:07.4 |
| 5 | 49 | URBANNECK Oliver | 77 | | N3 Sportverein e.V. | 1:15:55.1 | 27:10.1 |
| <u>W35 Seniorinnen 35 - 39, 11.7 km</u> | | | | | | | |
| 1 | 105 | ABRAHAM Cornelia | 81 | | MEDLETIK Sports Team | 1:22:44.8 | |
| <u>M40 Senioren 40 - 44, 21.5 km</u> | | | | | | | |
| 1 | 40 | ALTE Nico | 73 | | Gräfenroda | 1:54:06.4 | |
| 2 | 64 | VOGLER Andy | 74 | | | 2:17:53.4 | 23:47.0 |
| <u>M40 Senioren 40 - 44, 11.7 km</u> | | | | | | | |
| 1 | 168 | STUTZIG Henrik | 75 | | Katholische Laufjugend Arnstadt | 58:23.9 | |
| 2 | 13 | KIRST Steffen | 74 | | Geraberg | 59:51.9 | 1:28.0 |
| <u>W40 Seniorinnen 40 - 44, 11.7 km</u> | | | | | | | |
| 1 | 145 | KLANGHOLZ Karina | 75 | | SV Kyffhäuser | 1:08:38.1 | |
| 2 | 30 | VOIGTMANN Sandra | 74 | | Fast&slow | 1:16:57.4 | 8:19.3 |
| 3 | 151 | BORKOWSKI Annett | 74 | | SV Bad Liebenstein | 1:20:53.4 | 12:15.3 |

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|--|------|---------------------|----|-----|------------------------------------|-----------|-----------|
| <u>M45 Senioren 45 - 49, 21.5 km</u> | | | | | | | |
| 1 | 161 | TRÖBER Maik | 67 | | SV Grün-Weiß-Pirna | 1:55:38.3 | |
| 2 | 122 | FORNELL Thomas | 70 | | Ost-West-Express | 1:59:21.3 | 3:43.0 |
| 3 | 158 | WOLF Mike | 69 | | Erfurt | 2:01:20.7 | 5:42.4 |
| 4 | 119 | ANDRÖ Mario | 70 | | Lauftreff Breitungen | 2:04:14.8 | 8:36.5 |
| 5 | 103 | STEIN Patrick | 71 | | Ilmenau | 2:04:19.8 | 8:41.5 |
| 6 | 159 | WOLFIG Uwe | 68 | | Plaue | 2:04:45.1 | 9:06.8 |
| <u>M45 Senioren 45 - 49, 11.7 km</u> | | | | | | | |
| 1 | 147 | SCHÖNKNECHT Mario | 67 | | ZSG Waltershausen | 1:03:25.0 | |
| <u>W45 Seniorinnen 45 - 49, 21.5 km</u> | | | | | | | |
| 1 | 69 | THIELE Gabi | 67 | | WSV Ilmenau | 2:10:33.4 | |
| 2 | 94 | GÜNTHER Annett | 70 | | Friedrichroda | 2:36:04.9 | 25:31.5 |
| <u>M50 Senioren 50 - 54, 21.5 km</u> | | | | | | | |
| 1 | 118 | MEINECKE Thomas | 66 | | SV TU Ilmenau | 1:33:11.2 | |
| 2 | 31 | HARTMANN Michael | 66 | | TSV Kiebingen | 1:53:14.1 | 20:02.9 |
| 3 | 164 | MÜLLER Frank | 65 | | SV Grün-Weiß-Pirna | 1:58:40.7 | 25:29.5 |
| 4 | 37 | LUGAUER Dietmar | 62 | | Gotha | 2:26:15.8 | 53:04.6 |
| <u>M50 Senioren 50 - 54, 11.7 km</u> | | | | | | | |
| 1 | 111 | SCHRICKEL Andre | 63 | | WSV Ilmenau | 59:21.7 | |
| 2 | 38 | LAUTE Andreas | 64 | | SV TU Ilmenau | 1:01:07.6 | 1:45.9 |
| 3 | 126 | LAMPA Uwe | 66 | | Unkeroda | 1:16:34.0 | 17:12.3 |
| <u>M55 Senioren 55 - 59, 21.5 km</u> | | | | | | | |
| 1 | 153 | WEIß Steffen | 61 | | WSV Ilmenau 1908 e.V. | 1:57:37.8 | |
| 2 | 110 | MÖLDERS Martin | 58 | | SV 09 Arnstadt | 1:58:19.8 | 42.0 |
| 3 | 91 | BEIE Rainer | 61 | | SV-Kyffhäuser | 2:05:21.4 | 7:43.6 |
| 4 | 65 | HABELT Holger | 61 | | GutsMuths Rennsteiglaufverein Suhl | 2:33:34.4 | 35:56.6 |
| <u>M60 Senioren 60 - 64, 21.5 km</u> | | | | | | | |
| 1 | 135 | WÄCHTER Hartmut | 52 | | LSV Lok Arnstadt | 1:56:36.0 | |
| 2 | 123 | KRETZSCHMAR Manfred | 52 | | Ichtershausen | 2:03:28.4 | 6:52.4 |
| 3 | 124 | HAHNEMANN Norbert | 56 | | SG Motor Arnstadt | 2:14:26.6 | 17:50.6 |
| <u>M65 Senioren 65 - 69, 21.5 km</u> | | | | | | | |
| 1 | 107 | GREBHahn Bernd | 50 | | WSV Oberhof | 2:02:29.2 | |
| <u>M65 Senioren 65 - 69, 11.7 km</u> | | | | | | | |
| 1 | 113 | SCHULZ Hartmut | 49 | | Dream-Team-ilmenau | 2:51:12.8 | |
| <u>Jugend A/B - männl. Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 131 | ANDERLE Florian | 97 | | RSV Stadtilm | 55:12.5 | |

| Rang | StNr | Name | Jg | Vbd | Verein | Laufzeit | Rückstand |
|---|------|------------------|----|-----|-------------------------------------|-----------|-----------|
| <u>M 20 -29 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 128 | LAMPRECHT Tino | 87 | | Gräfenroda | 51:34.6 | |
| <u>W 30 -39 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 29 | LIEMEN Eike | 78 | | SV Handwerk Erfurt/Radscheune | 1:04:37.6 | |
| <u>M 30 -39 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 101 | DONNER Stefan | 83 | | SV Tabarz/Fahrrad Eberhardt Gotha | 50:07.0 | |
| 2 | 150 | KLOß Johannes | 84 | | Gräfenroda | 55:43.6 | 5:36.6 |
| 3 | 149 | KÖHL Sebastian | 84 | | | 1:06:37.3 | 16:30.3 |
| 4 | 52 | RIEHLE Alexander | 82 | | Gräfenroda | 1:24:36.7 | 34:29.7 |
| 5 | 53 | FRÜHAUF Mario | 81 | | Gräfenroda | 1:24:38.7 | 34:31.7 |
| <u>M 40 -49 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 108 | HORVATH Rolf | 68 | | Erfurt | 50:25.6 | |
| 2 | 32 | WEBER Benno | 74 | | 1.Suhler MTB-Club/Radscheune Erfurt | 50:45.5 | 19.9 |
| 3 | 148 | STELZNER Torsten | 68 | | WSV Ilmenau | 59:39.6 | 9:14.0 |
| <u>M 50 -59 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 130 | ANDERLE Volkmar | 62 | | Stadtilmer 2-Radhaus | 1:10:50.9 | |
| <u>M 60 -69 Mountainbike, 21.5 km</u> | | | | | | | |
| 1 | 106 | JAEKEL Peter | 56 | | MEDLETIK Sports Team | 1:02:58.3 | |
| <u>Nordic Walking weiblich, 11.7 km</u> | | | | | | | |
| 1 | 129 | ANDERLE Ute | 63 | | Stadtilm | 2:06:17.2 | |
| 2 | 133 | OEHLER Birgit | 53 | | Arnstadt | 2:20:39.0 | 14:21.8 |
| 2 | 132 | ZIERMANN Ute | 62 | | Arnstadt | 2:20:39.0 | 14:21.8 |
| 4 | 120 | KLEIN Conny | 61 | | SV 90 Gräfenroda | 2:51:58.2 | 45:41.0 |
| 5 | 121 | KOCH Martina | 60 | | Gräfenroda | 2:52:06.1 | 45:48.9 |
| <u>Nordic Walking männlich, 11.7 km</u> | | | | | | | |
| 1 | 127 | KRAUßER Jürgen | 50 | | Gräfenroda | 2:05:10.3 | |
| <u>Nordic Walking männlich, 21.5 km</u> | | | | | | | |
| 1 | 109 | THIELE Jens | 66 | | SV Stockhütte | 2:52:17.8 | |
| <u>Nordic Walking weiblich, 21.5 km</u> | | | | | | | |
| 1 | 18 | JORKS Manuela | 71 | | Bad Blankenburg | 3:43:15.9 | |
| <u>Gästeklasse, 11.7 km</u> | | | | | | | |
| 1 | 2 | GRÄßER Niclas | 02 | | SV 90 Gräfenroda | 1:17:28.9 | |

Aus dem Kampfrichterprotokoll

Gemeldet: 90
In der Wertung: 88

Für die Richtigkeit:

(Siegfried Abendroth)